

April 2021



Give my regards to Broadway~ George Cohan

We are excited to introduce Broadway Shows in High Definition! Since the first play debuted in Manhattan in 1732, the cultural and artistic center known as Broadway has grown into thirteen magnificent miles of theaters offering vibrant and robust entertainment. So join us to either revisit some old favorites or find a new performance to love! The Broadway shows will be broadcast on **Wednesdays at 6:30 p.m. in the Heritage Room.**

Wednesday, April 7th:

***Carousel* | Musical, Rodgers & Hammerstein | 2 hr 13 min**

The story revolves around a carousel barker whose romance with a millworker comes at the price of both their jobs. He participates in a robbery to provide for Julie and their unborn child; after it goes tragically wrong, he is given a chance to make things right.

Wednesday, April 14th

***ANN* | Comedy Play | 1 hr 53 min**

ANN is a no-holds-barred portrait of Ann Richards, the legendary governor of Texas. This inspiring and hilarious new play brings us face to face with a complex, colorful and captivating character bigger than the state from which she hailed.

Wednesday, April 21st

***Joseph and the Amazing Technicolor Dream Coat* | Musical, Andrew Lloyd Webber | 1 hr 21 min**

A lively and colorful journey through Ancient Egypt, Joseph and the Amazing Technicolor Dreamcoat follows the rags to riches story of Joseph, his eleven brothers and the coat of many colors.

Wednesday, April 28th

***Lady Windemere's Fan* | Comedy Play, Oscar Wilde | 1 hr 15min**

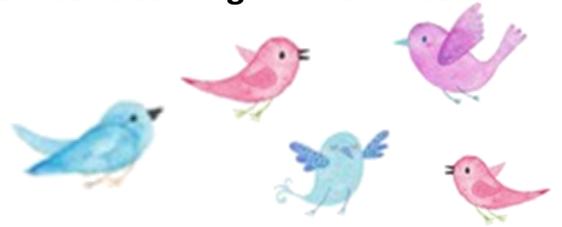
The day of Lady Windemere's birthday party, and all is perfectly in order. Until her friend Lord Darlington plants a seed of suspicion. Is her husband having an affair? And will the other woman really attend the party? First performed in 1892, Lady Windemere's Fan explores the ambiguity of upper class morality and the fragile position of women in the late Victorian era.



Mayfair Storytellers

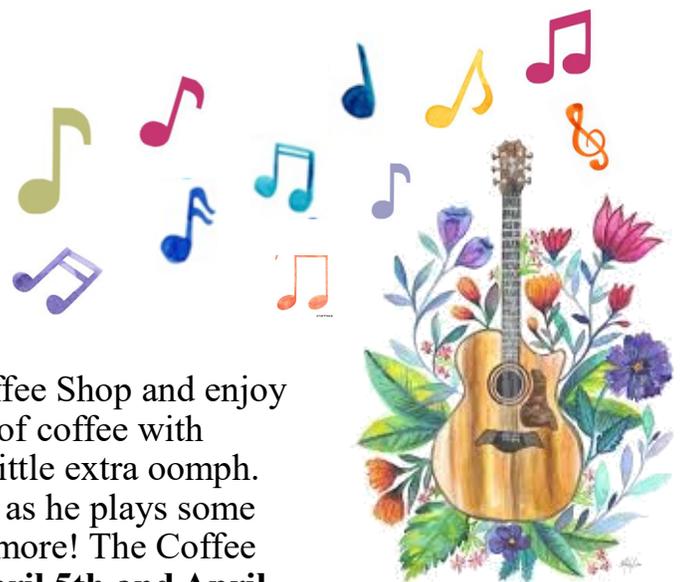
Frances Barr will be giving an encore talk since several people were unable to attend her original Storyteller. Frances will be presenting a program on Helen Keller. Frances had a unique perspective in that Helen Keller was her cousin, so she and her family were able to frequently visit with her. Frances will be discussing the incredible life of Helen as she overcame the extraordinary obstacles of being deaf, blind, and unable to speak to become a lecturer, political, activist, and author. This program will be in **the Heritage Room on Thursday, April 15th at 11:00 a.m.** Please sign up in the Concierge Office as seating will be limited.

Please contact Sharye to set up a program for your story!



Get ready to welcome Spring! For our Wednesday treat, we will be serving up a light, sparkling refreshing punch.

You can request a little extra sparkle, as we will have champagne on hand to kick it up a notch. We will be serving Wednesdays at 2:00 pm in the Heritage Room and if we have several takers we will spill over into the library.



Coffee Shop Music

Come make yourself comfortable at the Mayfair Coffee Shop and enjoy some music from the 1950's while you sip on a cup of coffee with friends. We will have Baileys Irish Cream to add a little extra oomph. Ancel Couch and his acoustic guitar will be on hand as he plays some classic hits from Elvis, Pat Boone, Perry Como and more! The Coffee Shop is open in the **Heritage Room on Monday, April 5th and April 19th at 3:00 p.m.**

Cultivate a Healthy Brain



Choose something from the list below and engage in something new. It's a great way to protect your brain.

COFFEE & TEA WITH CLINT: Wednesdays in April 11:00 a.m.

Our local philosopher, opera aficionado, happy birthday soloist and general delight, Dr. Clinton Collins picks out a topic to discuss with you in a laid back, educational and fun setting. He invites residents and staff to participate in a discussion after hearing his musings on the topic. Please, join us for coffee and conversation.

BOOK CLUB: Monday, April 26th, 2:30 p.m. April book club will feature *Moonlight Child* by



Karen McQuestion. A gripping and emotional novel that will leave you wondering about the neighbors next door.. On a cold January night, Sharon Lemke heads outside to see a lunar eclipse when she notices something odd at the house behind her backyard. Through her neighbor's kitchen window, she sees what appears to be a little girl washing dishes late at night. But the Fleming family doesn't have a child that age, and even if they did, why would she be doing housework at this late hour? Join us in the Heritage Room.

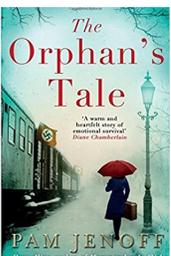
COLOR ME HAPPY! Thursdays in April, 11:00 a.m.

Come enjoy this activity with us by discovering the relaxing and therapeutic benefits of adult coloring. We will meet in the Heritage Room.

FREE RICE: Fridays in April, 11:00 a.m.

No, we are not handing out rice every Friday morning, as you may have been thinking! Free Rice is a vocabulary game. We meet every Friday morning in front of the television in the heritage room and are quizzed on words like, *quixotic*, which means not sensible. This game will have your brain whirling and the friends you see in this group are sure to bring a smile. Please join us!

LIBRARY BOOKS: Top Shelf



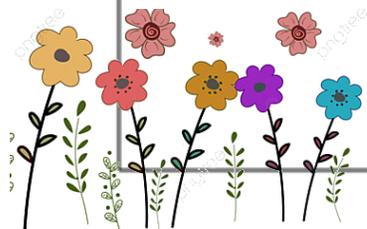
This month's featured pick is *The Orphan's Tale* by Pam Jenoff. A powerful novel of friendship set in a traveling circus during World War II, *The Orphan's Tale* introduces two extraordinary women and their harrowing stories of sacrifice and survival. Sixteen-year-old Noa has been cast out in disgrace after becoming pregnant by a Nazi soldier and being forced to give up her baby. Noa finds refuge with a German circus, but she must learn the flying trapeze act so she can blend in undetected, spurning the resentment of the lead aerialist, Astrid.

THE GREAT COURSES: Mondays and Tuesdays, in April at 11:00 a.m.

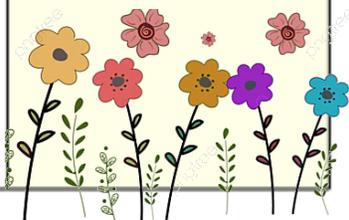
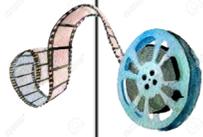
We are touring England, Scotland and Wales for our current course. Each week we will view a new lecture describing the places and areas most deserving of visitors' attention, giving details of their history and anecdotes about the famous personalities associated with them. Every course is stand alone, so please join us whenever possible for these 30 minute doses of culture!



| Sunday | Monday | Tuesday |
|--|---|--|
| <p>4 11:30AM EASTER BRUNCH 1:00PM SELF GUIDED WALK 6:00PM SUNDAY SERIES</p>  | <p>5 9:30AM EXERCISE 11:00AM GREAT COURSES 1:30PM QI GONG 3:00PM COFFEE HOUSE 6:30PM DOCUMENTARY</p> | <p>6 11:00AM GREAT COURSES 1:00PM DEVOTIONALS WITH DEB 2:00PM BINGO 3:15PM LCR 6:30PM HALLMARK MOVIE</p> |
| <p>11 1:00PM SELF GUIDED WALK 6:00PM SUNDAY SERIES</p> | <p>12 9:30AM EXERCISE 11:00AM GREAT COURSES 1:30PM QI GONG 6:30PM DOCUMENTARY</p> | <p>13 9:30AM EXERCISE VIDEO 11:00AM GREAT COURSES 1:00PM DEVOTIONALS WITH DEB 2:00PM BINGO 3:15PM LCR 6:30PM HALLMARK MOVIE</p> |
| <p>18 1:00PM SELF GUIDED WALK 6:00PM SUNDAY SERIES</p> | <p>19 9:30AM EXERCISE 11:00AM GREAT COURSES 1:30PM QI GONG 3:00PM COFFEE HOUSE 6:30PM DOCUMENTARY</p>  | <p>20 11:00AM GREAT COURSES 1:00PM DEVOTIONALS WITH DEB 3:00PM BINGO 3:15PM LCR 6:30PM HALLMARK MOVIE</p> |
| <p>25 1:00PM SELF GUIDED WALK 6:00PM SUNDAY SERIES</p> | <p>26 9:30AM EXERCISE 11:00AM GREAT COURSES 1:30PM QI GONG 2:30PM BOOK CLUB 6:30PM DOCUMENTARY</p> | <p>27 9:30AM EXERCISE VIDEO 11:00AM GREAT COURSES 1:00PM DEVOTIONALS WITH DEB 2:00PM BINGO 3:15PM LCR 6:30PM HALLMARK MOVIE</p> |



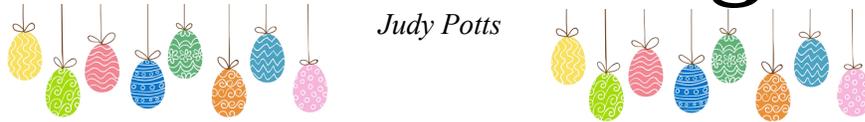
| Wednesday | Thursday | Friday | Saturday |
|--|---|---|--|
| | 1 9:30AM EXERCISE VIDEO 11:00AM COLOR ME HAPPY 2:00PM BINGO 6:30PM ENCORE MOVIE | 2 9:30AM EXERCISE VIDEO 11:00AM FREE RICE 1:00PM MOVIE MATINEE 7:00PM MOVIE NIGHT | 3 7:00PM MYSTERIES @ MUSEUM |
| 7 9:30AM EXERCISE 11:00AM COFFEE WITH CLINT 2:00PM SPRING SOCIAL 6:30PM BROADWAY NIGHT | 8 9:30AM EXERCISE VIDEO 11:00AM COLOR ME HAPPY 2:00PM BINGO 6:30PM ENCORE MOVIE | 9 9:30AM EXERCISE VIDEO 11:00AM FREE RICE 1:00PM MOVIE MATINEE 7:00PM MOVIE NIGHT | 10 7:00PM MYSTERIES @ MUSEUM |
| 14 9:30AM EXERCISE 11:00AM COFFEE WITH CLINT 2:00PM SPRING SOCIAL 6:30PM BROADWAY NIGHT | 15 9:30AM EXERCISE VIDEO 11:00AM STORYTELLERS 2:00PM BINGO 6:30PM ENCORE MOVIE | 16 9:30AM EXERCISE VIDEO 11:00AM FREE RICE 1:00PM MOVIE MATINEE 7:00PM MOVIE NIGHT | 17 7:00PM MYSTERIES @ MUSEUM |
| 21 9:30AM EXERCISE 11:00AM COFFEE WITH CLINT 2:00PM SPRING SOCIAL 6:30PM BROADWAY NIGHT | 22 9:30AM EXERCISE VIDEO 11:00AM COLOR ME HAPPY 2:00PM BINGO 6:30PM ENCORE MOVIE | 23 9:30AM EXERCISE VIDEO 11:00AM FREE RICE 1:00PM MOVIE MATINEE 7:00PM MOVIE NIGHT | 24 7:00PM MYSTERIES @ MUSEUM |
| 28 9:30AM EXERCISE 11:00AM COFFEE WITH CLINT 2:00PM SPRING SOCIAL 6:30PM BROADWAY NIGHT | 29 9:30AM EXERCISE VIDEO 11:00AM COLOR ME HAPPY 2:00PM BINGO 6:30PM ENCORE MOVIE | 30 9:30AM EXERCISE VIDEO 11:00AM FREE RICE 1:00PM MOVIE MATINEE 7:00PM MOVIE NIGHT | |



All Activities are subject to change.

Food for Thought

Judy Potts



Easter Brunch

Join us in our Dining Room or on our Patio (weather permitting) for Easter Brunch 11:30 – 2:00

Tomato Aspic or our Mayfair Salad

Lemon Chicken Consommé

Eggs Benedict with Brussels Sprouts Leaves, Corn Pudding & Spring Asparagus

Trio Salad Plate: a scoop of Mayfair's Chicken Salad, Albacore Tuna Salad & Shrimp Salad with Fresh Seasonal Fruits, Corn Pudding & Spring Asparagus

French Cut Lamb Chops with Mint Jelly, Brussels Sprouts Leaves, Bluegrass Winner's Corn Pudding and Spring Asparagus

Honey Glazed Ham with Brussels Sprouts Leaves, Bluegrass Winner's Corn Pudding and Spring Asparagus

Scones & Mayfair Muffins

Lemon Italian Cream Cake, Carrot Cake & Hummingbird Cake

Mimosa or Bloody Mary, Iced Green Tea, Hot Herbal Teas, Arnold Palmer, Kentucky Proud Coffee (decaf or regular) or Lemonade.



We are one of the first Kentucky Proud Certified Kitchens for Retirement Communities in Lexington. We continue to provide you with locally sourced, seasonal offerings. If you have any comments or accolades-please let us hear them! Thank you!

www.mayfairseniors.com

INTRODUCING



EXERCISE WITH LAURA



Laura Brock from our in house PT group, NEXT Therapy Solutions will be teaching exercise on **Mondays and Wednesdays at 9:30 a.m. in the basement fitness room.** Laura is a gifted instructor who is passionate about keeping our community active and thriving. As a reminder, we will also have the fitness video **Monday-Friday at 9:30 a.m. in the Heritage Room.**

DEVOTIONALS WITH DEB



Our friend Deb in the Business Office will be holding a weekly devotional on **Tuesdays at 1:00 p.m. in the Library.** She loved teaching Sunday School for 15 years and looks forward to creating an uplifting afternoon of spiritual reflection.



Join us in wishing the following residents and staff the happiest of birth month's.

Residents

Carol Marheine
Esther McCullough
Pat Webb



Employees

Sandra Adkinson
Jamie Blanton
Hugo Escobedo
Merita Gojani

Upcoming Special Events:

4/05/21 1:30 p.m. Qi Gong
4/05/21 3:00 p.m. Coffee House
4/06/21 1:00 p.m. Devotionals
4/07/21 6:30 p.m. Broadway HD
4/07/21 2:00 p.m. Spring Social
4/14/21 6:30 p.m. Broadway HD
4/15/21 11:00 a.m. Storytellers
4/19/21 3:00 p.m. Coffee House
4/21/21 6:30 p.m. Broadway HD
4/26/21 2:30 p.m. Book Club
4/28/21 3:00 p.m. Broadway HD

Mayfair Village Retirement Center
3310 Tates Creek Road
Lexington, KY 40502



Regular Weekday Activities:

Monday: Exercise, Great Courses, Qi Gong

Tuesday: Exercise Video, Great Courses, Devotionals with Deb, Bingo, LCR Game, Hallmark Movie

Wednesday: Exercise, Coffee with Clint, Spring Social, Broadway

Thursday: Exercise, Bingo, Color Me Happy, Encore Movie

Friday: Exercise Video, Free Rice, Matinee, Friday Flick

Saturday: Bridge Games, Mysteries at the Museum

Sunday: Walking Club, Sunday Series

Sharon Davis - Executive Director
Jessica Sweeney - Marketing Director
(859) 266-2129